

March 1, 2018 -May 2018



Sidney Albert
Albany JCC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:00am Open Gym	5:30-9:00am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	7:00-11:00 am Open Gym
8:00-11:00am Adult Pick up Whole Gym	9:00-10:00 am Jazzercise	9:00-1:00 pm	9:00-1:00 pm	9:00-1:00 pm	9:00-10:00 am Jazzercise	Open Gym
	10:00-1:00pm Early Childhood Classes Whole Gym	Early Childhood classes Whole Gym	Early Childhood Classes Whole Gym	Early Childhood Classes Whole Gym	Early Childhood Classes Whole Gym	Whole Gym 11:00-2:00 pm Open Gym
11:00-12:30 pm 1/2 family Curtain down	1:00-3:00 pm Open Gym Whole Gym	1:00-2:00 pm Amaz. Athletes 1/2 Gym	1:00-2:00 pm Amaz. Athletes 1/2 Gym	1:00-3:00 pm Open Gym Whole Gym	1:00-3:00 pm Open Gym Whole Gym	Whole Gym
11:00-3:45 pm Open Gym Whole Gym	2:00-3:30 pm Open Gym Whole Gym	2:00-3:30 pm Open Gym Whole Gym	1 pm -2 pm 1/2 Open 2 pm- 3 pm Open Gym	3:00-5:15 pm 1/2 Open Gym	3:00-5:15 pm Open Gym Whole Gym	2:00-4:00 pm 1/2 Family 1/2 Open Gym
	3:00- 5:00 pm 1/2 open 1/2 Kaleidoscope	3:30-5:00 pm 1/2 Open Gym	3 pm-4:30 pm 1/2 Gym Kaleidoscope	3:00-5:15 pm 1/2 Gym Kaleidoscope	3-5:30 pm 1/2 TeenPickup 1/2 Open Gym	4:00-6:45 pm Teen Pick Up Whole Gym
3:45- close Mens League Whole Gym	5:00- 6:30 pm Open Gym	3:30-5 pm 1/2 Gym Kaleidoscope	3 pm- 4:30 pm 1/2 Open	5:15-6:00 pm Open Gym	5:30-6:45 pm Open Gym Whole Gym	CLOSED
	6:15pm-8pm AAU basketbal	5:30- 9:45 pm Volleyball Leag. Whole Gym	4:30 pm-8 pm Adult pickup Whole Gym	6:00-9:45 pm Volleyball league	Closed	
	8 -9:45 Open Gym		8 -9:45 pm Open Gym	Whole Gym starts 3-15		

Gym Schedule Subject to Change
