

Sept. 2017-Nov. 2017



Sidney Albert
Albany JCC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:00am Open Gym	5:30-9:00am Open Gym whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	5:30-9:00 am Open Gym Whole Gym	7:00-11:00 am
8:00-11:00am Adult Pick up Whole Gym	9:00-10:00 am Jazzercise	9:00-1:00 pm Camp	9:00-1:00 pm Camp	9:00-1:00 pm Early Childhood Classes Whole Gym	9:00-10:00 am Jazzercise	Open Gym
	10:00-1:00pm Early Childhood Classes whole Gym	Early Childhood classes Whole Gym	Early Childhood Classes Whole Gym	Early Childhood	Early Childhood Classes Whole Gym	Whole Gym
11:00-1:00 pm 1/2 family Curtain down	1:00-3:00 pm Open Gym	1:00-2:00 pm Amaz. athletes 1/2 Gym	1:00-2:00 pm Amaz. Athletes 1/2 Gym	1:00-3:00 pm Open Gym Whole Gym	1:00-3:00 pm Open Gym Whole Gym	11:00-2:00 pm Open Gym Whole Gym
11:00-1:00 pm 1/2 Open Gym	2:00-3:30 pm Open Gym Whole Gym	2:00-3:30 pm Open Gym Whole Gym	1 pm -2 pm 1/2 open 2 pm- 3 pm Open Gym	3:00-5:45 pm 1/2 open Gym	2:00-4:00 pm 1/2 Family 1/2 open Gym	
1:00-3:45 pm Open Gym Whole Gym	3:00- 5:00 pm 1/2 open	3:30-5:00 pm Amaz. Athletes 1/2 Gym	3 pm-4:30 pm 1/2 Gym Kaleidoscope	3:00-5:15 pm 1/2 Gym Kaleidoscope	Open Gym Whole Gym	4:00-6:45 pm
3:45- close Mens League Whole Gym	5:00- 9 pm Open Gym whole Gym	3:30-5 pm 1/2 Gym kaleidoscope	3 pm- 4:30 pm 1/2 Open 4:30 pm-8 pm Adult pickup Whole Gym	5:30-9:45 pm Open Gym Whole Gym	3-5:30 pm 1/2 TeenPickup 1/2 Open Gym	teen Pick Up Whole Gym
		5:30- 9:45 pm Volleyball Leag. Whole Gyn	8 -9:45 pm Open Gym		5:30-6:45 pm Open Gym Whole Gym	CLOSED
					Closed	

Gym Schedule Subject to Change
