Sidney Alber MAY 2024 Congregate Meals (Subject to Change) Albany JCC **Monday Tuesday** Wednesday **Thursday** Sunday **Friday Saturday** 29 30 3 28 4 11am: Stich & 11am: Elder Abuse All meals start at 12:00pm. Schmooze 1pm: Eye on the World Reservations are required and DPP Cohort 1 need to be made no later than **Turkey Meatloaf** 10am the day BEFORE the meal. 10 5 11 6 8 1pm: Art as Witness 11am: Stich & 10:30am: Bingo 10:45am: Senior Schmooze Planet Graphic Design 12pm: Remarkable Tools Chicken and DPP Cohort 1 Resilience **Dumplings Pot Roast Beef Tacos** 16 12 13 14 15 **17** 18 11am: Stich & 11am: Senior Planet 1pm: Book Folding: 11am: Aging Mastery Schmooze Staying Safe Online Making a Beautiful Vase American Goulash DPP Cohort 1 Shepard Turkey Pie 23 **25** 20 21 24 19 **22** 11am: Stich & 11am: Senior Planet 10am: All Occasion 11am: Aging Mastery Schmooze Card Making Venmo Roast Turkey DPP Cohort 1 **Apricot Rosemary** Salmon Chicken 1pm: Botanicals 31 **26 27** 30 28 29 11am: Stich & 11am: Healthy Cooking NNORC Breakfast Schmooze Demo & Tasting Club **Memorial Day** DPP Cohort 1 Turkey Meatloaf No Meal

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