

# APRIL 2019 Sixty-Plus Dining

Sidney Albert Albany Jewish Community Center  
 340 Whitehall Road Albany, NY 12208 438-6651 x112  
 Claire Sigal ClaireS@albanyjcc.org www.albanyjcc.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY CLASSES
	<b>1</b> 4:30PM Model Passover Seder	<b>2</b> 1PM POETRY/ AMERICAN HISTORY	<b>3</b> 1PM PHOTOGRAPHY 4:45PM CHICKEN L'ORANGE	<b>4</b>	<b>5</b>	<b>MONDAY</b> 1:30-2:30pm Healthy Bones
<b>7</b>	<b>8</b> 9:30AM ACRYLIC PAINTING 4:45PM ROAST CHICKEN	<b>9</b> 1PM POETRY/ AMERICAN HISTORY	<b>10</b> 1PM PHOTOGRAPHY 4:45PM MEATLOAF	<b>11</b>	<b>12</b>	<b>WEDNESDAY</b> 10-11am Healthy Bones
<b>14</b>	<b>15</b> 9:30AM ACRYLIC PAINTING 4:45PM BEEF BROCCOLI MUSHROOM STIR FRY	<b>16</b> 1PM POETRY/ AMERICAN HISTORY	<b>17</b> 1PM PHOTOGRAPHY 4:45PM BAKED WHITE FISH	<b>18</b>	<b>19</b>	<b>THURSDAY</b> 10:15-10:45am Fitness to Broadway Tunes 11am-12:30pm Eye on the World 1-3pm Senior Chorale
<b>21</b>	<b>22</b> 9:30AM ACRYLIC PAINTING NO DINNER: PASSOVER	<b>23</b>	<b>24</b> NO DINNER: PASSOVER	<b>25</b>	<b>26</b> No Sr. Adult Program: PASSOVER	
<b>28</b>	<b>29</b> 9:30AM ACRYLIC PAINTING 4:45PM POT ROAST	<b>30</b> 1PM POETRY/ AMERICAN HISTORY				



The Sidney Albert Albany JCC is a beneficiary agency of Jewish Federation of NENY. This congregante meal program is supported in part by Albany County Dept. for Aging, NYS Dept. for Aging and Administration for Community Living.