



30-Day Gratitude Challenge



Monday, October 26, 2020 at 7:00 pm on ZOOM

Discover the connection between Judaism, Thanksgiving and Gratitude! Be inspired to complete a 30-day gratitude challenge just in time for Thanksgiving! You will receive a gorgeous nine page, 30-day challenge that provides journal prompts, actionable challenges, meditation/reflection guides and more!!

Cost: Included for JCC Members/ \$5 Guests. Please register online before October 21st at www.albanyjcc.org/register. You will receive a separate email with the 30-day gratitude challenge and zoom link after registering. Please email lisam@albanyjcc.org to request a printed copy.