

JULES AND PAULA STEIN

LIVE & LEARN LUNCH SERIES



May 12, 2022

11:00 am - 1:00 pm

Auditorium

Ms. Lisa Grunberger will discuss the inspiration behind Ruthie, a recently widowed Jewish grandmother who shows us how to embrace the present with new vigor, strength, courage and laughter in [Yiddish Yoga: Ruthie's Adventures in Love, Loss, and the Lotus Position](#) over zoom. Lunch immediately following the discussion and Q&A. Cost: \$12 Members & Program Guests. Register online [here](#) or call 518-438-6651. Pre-order signed copy [here](#) for \$10.

June 2, 2022

11:00 am - 1:00 pm

Auditorium

Ms. Beth Dounane will discuss the art of book folding from [Book Folding for Beginners and Beyond](#), a guide to teach the art of book folding that is both unique and eco-friendly with no start-up cost. Participants will have the opportunity to fold a book to take home. Lunch immediately following the discussion and demonstration. Cost: \$12 Members & Program Guests (includes book to fold). Register online [here](#) or call 518-438-6651. Pre-order a signed copy [here](#) for \$18.



Sidney Albert Albany Jewish Community Center

340 Whitehall Road, Albany, NY 12208 | 518-438-6651

www.albanyjcc.org | Follow us on social media @albanyjcc