



Sidney Albert
Albany JCC

Effective October 2020
BETTY CLARK INDOOR POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00-8:30 AM Early Bird Lap Swim					
7:15 AM to 9:30 AM Lap Swim	8:45 - 9:45 AM Aquatic Class	8:45 - 9:45 AM	8:45 - 9:45 AM Aquatic Class	8:45 - 9:45 AM	8:45 - 9:45 AM	7:15 AM to 9:30 AM Lap Swim
9:45 - 5:00 PM Lap Swim	10:15 - 3:45 PM Lap Swim	10:15 - 3:45 PM Lap Swim	10:15 - 3:45 PM Lap Swim	10:15 - 3:45 PM Lap Swim	10:15 - 3:45 PM Lap Swim	9:45 - 10:45 AM AQUA ZUMBA
	4:00 - 5:00 PM Swim Team	4:00 - 5:00 PM Swim Team	4:00 - 5:00 PM Swim Team	4:00 - 5:00 PM Swim Team	4:00 - 5:00 PM Swim Team	
	5:00 - 6:00 PM Lap Swim	5:00 - 6:00 PM Lap Swim	5:00 - 6:00 PM Lap Swim	5:00 - 6:00 PM Lap Swim		11:00 - 5:00 PM Lap Swim
	6:00 - 7:00 PM Swim Team	6:00 - 7:00 PM Swim Team	6:00 - 7:00 PM Swim Team	6:00 - 7:00 PM Swim Team		
	CHILDREN UNDER 13 MUST BE ACCOMPANIED BY AN ADULT					
5:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	5:00 PM Pool Closed	5:00 PM Pool Closed