



Sidney Albert
Albany JCC

Effective July - September 2020 SPORBORG OUTDOOR POOL

(4.5ft. X 75 ft. - 1 mile = 72 lengths)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM to 10:00 AM Lap Swim	6:00-9:00 AM Early Bird Lap Swim					7:00 AM to 10:00 AM Lap Swim
	9:30-12:30 PM J CAMP SWIM	9:30-12:30 PM J CAMP SWIM	9:30-12:30 PM J CAMP SWIM	9:30-12:30 PM J CAMP SWIM	9:30-12:30 PM J CAMP SWIM	
10:00 - 5:00 PM 1/2 Lap Swim	12:00-7:00 PM 1/2 Lap Swim	12:00-7:00 PM 1/2 Lap Swim	12:00-7:00 PM 1/2 Lap Swim	12:00-7:00 PM 1/2 Lap Swim	12:00-5:00 PM 1/2 Lap Swim	10:00 - 5:00 PM 1/2 Lap Swim
&	&	&	&	&	&	&
10:30-5:00 PM 1/2 Open Swim	12:30-7:00 PM 1/2 Open Swim	12:30-7:00 PM 1/2 Open Swim	12:30-7:00 PM 1/2 Open Swim	12:30-7:00 PM 1/2 Open Swim	12:30-5:00 PM 1/2 Open Swim	10:30-5:00 PM 1/2 Open Swim
CHILDREN UNDER 13 MUST BE ACCOMPANIED BY AN ADULT						
5:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	7:00 PM Pool Closed	5:00 PM Pool Closed	5:00 PM Pool Closed

Rosenthal Kiddie Pool

(Shallow 2 Feet/Deep End 3 Feet)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 AM to 5:00 PM Open Swim	9:00 AM- 1:00 PM Daycare Swim Lessons					11:00 AM to 5:00 PM Open Swim
	1:00 -6:00 PM Open Swim				1:00-5:00pm Open Swim	
Due to NYS Board of Health Regulations, lawn chairs or other furnishings are prohibited in the Rosenthal Pool area.						CHILDREN 6 AND UNDER ALLOWED IN KIDDIE POOL MUST BE ACCOMPANIED BY AN ADULT
INCLEMENT WEATHER POLICY: The outdoor pool hours are subject to change when adverse weather conditions arise. For your safety, the pool will be closed at the discretion of the aquatics director or head lifeguard. When the pool is closed due to bad weather, everyone must leave the pools and adjacent areas and seek shelter inside. Some programs may be moved to the indoor pool.						

Outdoor Pool Rules - 2020

In order to ensure that all our members have a safe, clean and fun experience this summer, we ask that you comply with our following rules and

1. Our lifeguard staff reserves the right to ask our members to move to different parts of the pool should they feel that their safety is at risk.
 2. **AJCC will NOT provide any flotation devices for the outdoor pools, including noodles.**
 3. **Flotation devices are permitted in the kiddie pool only with ADULT supervision in the water.**
 4. Food and beverages are allowed in the picnic area **ONLY**, but you may have bottled water in the pool areas.
 5. No smoking is allowed.
 6. In order to avoid falls and potential injuries, running is prohibited.
 7. Please remove **ALL bandages** before swimming. We cannot allow you access to the pools if you have an infectious disease, wounds and/or skin irritations or open.
 8. All children under the age of 13 must be accompanied by an adult.
 9. All children under the age of 7 must be within arms reaching of responsible persons.
 10. No diving.
 11. No throwing or pushing other people into the pool in any manner.
 12. No sitting/hanging on lane ropes.
 13. No hanging on ladders.
 14. Absolutely no use of cell phone camera/video cameras in the pool Areas/locker rooms.
 15. Swimming is permitted only when a lifeguard is on duty.
 16. Any member whose hair is below shoulders must wear Hair tie or swimming cap in ALL AJCC pools.
- ☺ For everyone's safety the Outdoor Pools & Indoor Pool will close during thunder & lightning.
 - ☺ No hopping over the fence.
 - ☺ Children under the age of 6 yrs old will only be allow in Kiddie Pool when accompanied by an adult.

Masks must be worn at all times unless able to maintain 6 feet distance between non family members