

RECIPES *for* PLAY

Activities to discover, make, and enjoy at home

MAGIC FABRIC

AGES 0 and up

INGREDIENTS

- Large pieces of fabric (experiment with Lycra, polyester and/or tulle)

IDEAS / INSTRUCTIONS

1. Holding on to one side of the fabric piece, toss the other side up in the air and let it float down like a wave. Can you run under it before it falls?
2. Work together to make a fabric parachute! Roll some soft balls on top!
3. Place your baby or toddler safely (on his/her tummy or back) on one end of the fabric and give them a gentle sleigh ride around the room.

