

# Fun and Fitness to Broadway Tunes

Monday, December 7, 14, 21, 28

11:45 AM to 12:15 PM

Instructor: Richard Feldman

Albany JCC Auditorium



This fun, gentle exercise class is designed to increase flexibility and improve aerobic conditioning through easy movements. Participants must wear face masks, and socially distance. Class size is limited to 10. Pre-registration required. Free for JCC Members; Guests pay \$10 for 4-class series.

Richard Feldman taught English at Bethlehem High School for 33 years and has directed and choreographed over 125 musicals in and around the Albany area.

Click here to register online  
or call 518-438-6651

Please email [Louisas@albanyjcc.org](mailto:Louisas@albanyjcc.org) for assistance with registration.



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