

# November 2018-December 2018



Sidney Albert  
Albany JCC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:00am Open Gym	5:30-9:00am Open Gym Whole Gym	5:30-10:00 am Open Gym	5:30-10:00 am Open Gym	5:30-10:00 am Open Gym	5:30-9:00 am Open Gym Whole Gym	7:00-2:00PM Open Gym Whole Gym
8:00-11:00am Adult Pick up Whole Gym	9am-10 Jazzercise	Whole Gym	Whole Gym	Whole Gym	9am-10 Jazzercise	Open Gym
	10:00-1:00pm Early Childhood Classes Whole Gym	10am-12 Early Childhood classes Whole Gym	10am-12 Early Childhood Classes Whole Gym	10am-12 Early Childhood Classes Whole Gym	10am-12 Early Childhood Classes Whole Gym	
11:00-12:30 pm 1/2 family Curtain down	12:00-3:00 pm Open Gym Whole Gym	12pm-3:30 Open Gym Whole Gym	12pm-3:00 pm Open Gym	12-3:00pm Open Gym Whole Gym 3:00-5:15 pm 1/2 Open Gym	1:00-3:00 pm Open Gym Whole Gym Open Gym Whole Gym	Whole Gym
12:00-3:45 pm CYO Basketball Whole Gym						2:00-4:00 pm 1/2 Family 1/2 Open Gym
3:45pm-10 Mens League Whole Gym start 9-16-18	3:00- 5:00 pm 1/2 open 1/2 Kaleidoscope	3:30-5:00 pm 1/2 Open Gym	3 pm-4:30 pm 1/2 Gym Kaleidoscope	3:00-5:15 pm 1/2 Gym Kaleidoscope	3-5:30 pm 1/2 TeenPickup 1/2 Open Gym	4:00-6:45 pm Teen Pick Up Whole Gym
	6:00- 9:45 pm Volleyball Whole Gym	3:30-5 pm 1/2 Gym Kaleidoscope	3 pm- 4:30 pm 1/2 Open 4:30 pm-8 pm Adult pickup Whole Gym	5:15-9:45 pm CYO Basketball Whole Gym	5:30-6:45 pm Open Gym Whole Gym	CLOSED
		5:30- 9:45 pm Volleyball Leag. Whole Gym	8 -9:45 pm Open Gym		Closed	

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**Gym Schedule Subject to Change**

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